

HALO AND HALO VEST

USE AND CARE INSTRUCTIONS

How Your Halo Works

The Halo is a brace that is used following an injury to the bones in the neck. It is designed to stabilize the neck in a fixed position and totally immobilize it until healing occurs. This helps to minimize any additional injury to the neck and spinal cord.

The Halo brace is made up of three parts: the "ring," the "vest" and the "superstructure."

- 1 Ring (sometimes called the "crown"): the part that encircles the head and is secured to the skull with 4 pins.
- 2 Vest: a plastic mold that fits around the trunk of the patient, usually lined with fleece.
- 2 Superstructure: the rods and connectors that attach the "Ring" to the "Vest."

How to Care For Your Halo

The booklet that your orthotist gives you is written by the manufacturer of the halo system. It will give you instructions about skin and pin care while wearing a halo.

It very important to read the booklet and then follow any special instructions given to you by your physician or orthotist.

Have a relative or friend become familiar with the care instructions, as some of these procedures are more easily performed by a second person. NEVER adjust the halo or loosen the straps. It is not unusual for minor adjustments to be needed to assure a good fit, but these should ONLY be made by your orthotist or physician. .

Important Notes About Your Halo

It is VERY important to keep any follow-up appointments made by your orthotist. Schedule an appointment at FACILITY if any unexpected problems occur.

Special Instructions (If Applicable)
